

***Note- The instructions below are general and you doctor may have additional instruction for you to follow.**

PRE- OP INSTRUCTIONS

You may need a pre -op clearance by primary doctor a week to 10 days prior to surgery, your orthopaedic surgeon will tell you whether this is necessary. Please call your primary care physician as soon as possible to make an appointment.

Do NOT eat or drink anything 8 hours prior to your surgery. Do NOT take aspirin, nsaid, anti-inflammatory or blood thinning medications for 2 weeks prior to your surgery.

You **MUST** call the hospital / surgery center and pre-register prior to the day of your surgery.

Please purchase the product "Hibiclens", which can be purchased over-the counter at any local pharmacy. Use this wash at the surgery site the night before your procedure and rinse off. Then repeat the morning before your procedure but **DO NOT WASH OFF**, let air dry.

Please be sure to arrive at the hospital 2 hours prior to you scheduled surgery and 1 hour prior for surgery centers.